

Living Close to the Land

Program Outline

Welcome and Introduction

Behavioral Guidelines for visit:

- We are in the animals' neighborhood
- Stay on trails with your group unless taken off trails with class activity
- Leave flowers and plants for animals (don't pick anything)
- Pick up trail treasures to enjoy on-site, but no collecting (leave everything, including feathers)

Introduction to Indigenous Tribes of Utah

Shoshone, Ute, Piute, Goshute, and Navajo make up the major tribes that call Utah home. Though their ways of living have changed these people are still in Utah today.

Relying on Plants, Rocks, and Animals

Early cultures with their close ties to the land, readily display the link between human society and nature. Today we are just as dependent on the land, though it is not quite as apparent. Pioneer lifestyles and traditional Native American ways of life will be compared and contrasted to our modern lifestyles.

Rotations

1. Plant Walk

Students will learn native and pioneer uses of plants common to the Nature Center as they take a walk through the fields and forests.

2. Tepee Talk

Students will consider how early Americans met their food, recreation, shelter, medicinal, and aesthetic needs with natural materials. Modern

ways of meeting these same needs will be discussed and traced back to their natural origins.

3. Around the Fire

Students will explore the many jobs and tasks required to cook a simple meal in an indigenous kitchen.

Topics are covered by varying degrees depending upon the maturity of students and time constraints.